



Why attend the HBM & NLP Practitioner training course?

Are you interested in the most advanced insights and skills in the area of communication, human behaviour and results? Are you a (prospective) manager in a profit or non-profit organisation? An educator or entrepreneur, psychologist or account manager? Would you like to grow mentally and emotionally and help others with their personal development? Then register for the HBM & NLP Practitioner training course. A globally accredited training course in which you will learn everything about one of the most successful communication and behaviour movements: Neuro Linguistic Programming (NLP), as well as about the latest Philosophy.

Why HBM & NLP at myHBMcenter?

Quality training techniques and the greatly compressed form make this a unique training course.

In only 9 days, you will obtain three globally recognised certificates:

- Certified Practitioner of NLP
- Certified Hypnotist
- Certified Practitioner of Time Line Therapy™

The combination of this trinity is an absolute advantage. The certified trainers of myHBMcenter developed this course based on a profound insight into the unconscious learning capability of people. The addition of the HBM philosophy provides you as a participant with the latest developments in conscious and unconscious development processes. The training course is accredited by the American Board of NLP, American Board of Hypnotherapy and the Time Line Therapy™ Association.

What will you learn?

NLP focuses on the way in which you perceive information in your external environment, how you develop internal thoughts on the basis of this, and how this impacts your behaviour and that of others. During this training course you will learn to set realistic goals and use specific language patterns to communicate more effectively. You will develop your own method of creating a productive mood as and when you want. You will learn to use the Circle of Change of Self-reflection, Consciousness-raising, increasing Decision-making space and taking Responsibility for yourself and for others. You will discover how the decision-making process of others works and how you can break obstructing patterns and convictions - of yourself and others. You will learn how to recognise and use body language and develop more effective behaviour. Your interpersonal contacts will become more profound.

Kortom; je groeit zowel persoonlijk als professioneel.

How does the HBM & NLP Practitioner programme work?

The training course consists of three blocks of three days and a follow-up afternoon. By way of preparation, you will listen to 20 English-language programmes on your iPod. The training course is given in Dutch. We will also use English-language material to guarantee alignment with the international world of NLP. Three months after the training course, you will come back to us for an afternoon session. This will serve as follow-up and provide further coaching on application of all the learning materials in your day-to-day practice. And all this in only ten days; three blocks of three days and a follow-up session. By offering this training course within a relatively short period of time, we save you at least 12 days of your precious time compared to other providers. And what's in it for you?

Block 1:

Starting points
NLP & HBM®,
Representation systems,
setting goals, drafting
reports, meta model,
working with sub-
modalities and hierarchy
of ideas.

Block 2:

Language patterns,
embedding, strategies,
integration of
components and
reframing.

Block 3:

Time Line Therapy™,
hypnotherapy,
integration of new
insights and skills, and
coaching session.

Follow-up session:

Evaluation
Coaching session
and looking to
the future.

What happens after you have completed the HBM&NLP Practitioner training course?

- You will be capable of getting on with everyone you want to get on with.
- You will be able to create a safe climate for yourself and the people around you in which people can be themselves.
- The NLP and HBM® insights and skills will have made you a successful coach.
- You will have grown in your communication.
- You will know how to communicate in another person's language.
- You will be able to help others achieve the results they really want to achieve.
- You will be able, as a coach, to help others create more fun, energy and happiness in their work and personal life.

Interested?

Then register using the [online agenda](#).

Questions?

Then contact the secretarial office.

[Click here for our contact form](#) or call +31 (0)70 - 209 22 10.

Duration

10 days

Investment (excl. 21% VAT)

€ 3.160,-