



Why the HBM Coach Accreditation?

Are you an experienced coach and would you like to coach people with complex coaching questions even better as a certified HBM Coach®? Are you regularly active in the grey area between coaching and therapy? Are you looking for new intervention methodologies?

Would you like to learn how you can be an instrument allowing your client to work with you from one human being to another? Then the HBM Coach Accreditation is your next step.

What exactly is the HBM Coach Accreditation?

As a participant, you will receive accreditation as certified HBM Coach®.

You will learn:

- The added value of having a non-judgemental attitude.
- The foundation of any good coaching interview: working on the basis of safety and trust.
- The effect of psychological labelling and de-labelling.
- Different intervention methods, such as:
 - Shadow work and projections
 - Visualisation and active imagination
- To translate the client's request for help into the underlying theme.

What will you be doing in the HBM Coach Accreditation?

During this five-day Accreditation, you will learn how to work with HBM and the ACT® measurement in your role as certified HBM Coach®. Our teachers will take you through a varied and experience-filled programme in your development as coach. Together with the other participants, you will work on each others' profiles and practise with different interview and intervention methodologies aimed at allowing change from within. By completing your own Circle of Change, you will develop a non-judgmental attitude. All methodologies will be practised from various positions, enabling you to experience the different methodologies both as coach and as client and convincing you that they actually work. This Accreditation centres on your development. After all, it is impossible to answer requests for coaching in areas you have not lived through yourself yet.

What happens after completion of the HBM Coach Accreditation?

When you pass this Accreditation, you will be a Certified HBM Coach® capable of making the difference by working with the unconscious. You have a non-judgemental attitude and because you have worked on your shadow parts by investigating your projections, you can be a "clearer" mirror to your clients.

In short: You will have the HBM and ACT® wisdom, attitude and expertise to create a sustainable development spiral of the Human Being in situations concerning burnout. You may be deployed as certified HBM Coach® by myHBMcenter.



Duration

5 days

Investment (excl. 21% VAT)

€ 2.995,-

Interested?

Then register using the [online agenda](#).

Questions?

Then contact the secretarial office.

[Click here for our contact form](#) or call +31 (0)70 - 209 22 10.